

# Parental Authorization for Over-The-Counter Non-Medicated Topical Items and Fluoridated Toothpaste

10A NCAC 09 .0803 (centers) and .1720 (family child care homes)

Parent/guardian must authorize staff to apply over-the-counter topical ointments, topical teething ointment or gel, insect repellents, lotions, creams, powders, and fluoridated toothpaste. Authorization may be given for up to 12 months. Only accept items in their original containers and clearly labeled with the child's name.

Child's full name:	Date of birth:
Permission valid from date:	To date:

Permission is given to apply:
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Amount to apply:

<input type="checkbox"/> thin layer	<input type="checkbox"/> rice-size smear of toothpaste (children under 3)
<input type="checkbox"/> dime-size amount	<input type="checkbox"/> pea-size amount of toothpaste (children 3 and over)
<input type="checkbox"/> quarter-size amount	<input type="checkbox"/> other (specify):

Where to apply ointment, repellent, lotion, cream, powder, or fluoridated toothpaste:

<input type="checkbox"/> all exposed skin	<input type="checkbox"/> diaper area	<input type="checkbox"/> face only
<input type="checkbox"/> teeth and gums	<input type="checkbox"/> other (specify):	

When to apply ointment, repellent, lotion, cream, powder, or fluoridated toothpaste:

<input type="checkbox"/> before going outside	<input type="checkbox"/> after each diaper change	<input type="checkbox"/> after bowel movement
<input type="checkbox"/> during toothbrushing	<input type="checkbox"/> other (specify):	

Describe how to apply ointment, repellent, lotion, cream, or powder.

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I give authorization to apply the above as instructed:

Parent/Guardian Name	Parent/Guardian Signature	Date
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Updated February 2025

Visit the NC Child Care Health and Safety Resource Center for the most current version. This form was developed to align with NC Child Care Rules, but its use is not required by the NC Resource Center. [healthychildcare.unc.edu](http://healthychildcare.unc.edu)

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