



The North Carolina
Child Care Health Consultant
2022 Annual Conference

September 27th 2022 † September 28th 2022

Greensboro-High Point Marriott Airport
1 Marriott Dr. Greensboro, NC 27409

Agenda

Tuesday, September 27th

All conference sessions will be held in Salon F-H except where noted below

- 9:30 AM Registration
- 10:00 AM Welcome: Chrissy Wolfe and Jacquie Simmons
- 10:15 AM Session I: Ensuring Healthy Beginnings in the First 1,000 Days: Centering Race and Racism in the Wellbeing of Families and Their Young Children - Iheoma Iruka
- 11:30 AM Session II: Building Bridges - Anne Odusanya and Chris Bryant
- 12:30 PM Lunch - **High Point/Greensboro Rooms**
- 1:30 PM Session III: DCDEE Updates - Kristi Snuggs
- 2:30 PM Session IV: Ask Your Environmental Health Specialist - David Brown
- 3:30 PM Break
- 3:45 PM Graduation of new CCHCs
- 4:00 PM Keynote Address - Dr. Kimberly P. Johnson
- 5:00 PM Adjournment

Session I: 10:15 -11:30 AM

Ensuring Healthy Beginnings in the First 1,000 Days: Centering Race and Racism in the Wellbeing of Families and Their Young Children

Iheoma Iruka - UNC Frank Porter Graham

Framed through the 3Ps Framework of Protecting, Promoting, and Preserving, this talk identifies how families and babies are experiencing the dual pandemics – COVID-19 and racism. In the spirit of advancing health equity, participants will be asked to engage in the uncomfortable truths while recognizing the opportunity for transforming the systems to meet the needs of children, families, and communities.

Session II: 11:30-12:30 PM

Building Bridges

Anne Odusanya and Chris Bryant - NCDHHS

“Building Bridges” will highlight the Division of Child and Family Well-Being and the integral work between the State CCHC Nurse Consultant and Division/Section/Unit programs that impact upon early infant and child health across the state.

Session III: 1:30 – 2:30 PM

DCDEE Updates

Dr. Kristi Snuggs - DCDEE

An interactive session with updates of DCDEE shared. There will be new information shared about recovery efforts of the child care industry and how the child care health consultants fit into the re-visioned TA Network. Time will also allow for questions and continued ideas for collaboration.

Session IV: 2:30 – 3:30 PM

Ask Your Environmental Health Specialist

David Brown - DHHS/ DPH,

Environmental Health Specialist

This session will examine best practices for identifying and minimizing potential classroom and playground health and safety issues. Topics will include sanitizing and disinfecting procedures, storage areas, kitchen access and safe water temperatures for maintaining a healthy and safe environment.

Keynote Speaker:

About Dr. Kimberly P. Johnson

Dr. Kimberly P Johnson, a North Carolina native, is a creative thinker with a passion for teaching and helping others. She has a Doctorate in Curriculum, Teaching and Leadership from Northeastern University in Boston, MA and also a Master's Degree from Clemson University in Youth Developments and Leadership. Dr. Kimberly also has an Early Childhood Education degree from UNC Chapel Hill. She has received awards such as the Paul Harris Fellow Award and the York County Citizen of the year. Above all of her accomplishments, she says that the greatest joy is knowing that her grandparents taught her what good character looks like and raised her to believe in God and in self! For more information on Dr. Kimberly P. Johnson please visit <https://www.simplycreativeworks.com/>



How to Refresh, Refocus, and Reignite - Navigating toward Success

This interactive session will remind participants about the power of self-talk and how re-centering yourself can allow us the time and space to recharge. We have all been through challenging times over the past few years. Now is an opportunity to recharge our thinking, our speaking, and our commitments. Dr. Kimberly Johnson will remind us why we should never throw in the towel and but can step up and re-ignite our energy and passion.

This recharge will help you navigate both your personal and professional lives in a more realistic and achievable manner. Come ready to listen, to laugh and to LIVE!!

Agenda

Wednesday, September 28th

All conference sessions will be held in Salon F-H except where noted below

8:00 AM Registration and Breakfast

8:30 AM Annual CCHC Meeting / Elections

9:30 AM Break

9:45 AM Breakout Session

- A.** “Don’t Like It; Never Tried It”: Building a Culture of Healthy Eating in Childcare Settings - Virginia Stage:
Salon F-H
- B.** What’s A Pyramid Got To Do With Healthy Social Behaviors? - Smokie Brawley:
High Point Room
- C.** A day in the life of a Childcare Provider, post COVID - Shanda Sumpter:
Greensboro Room

11:00 AM Wrap up, evaluation

12:00 PM Adjournment



Breakout Session Descriptions

A. “Don’t Like It; Never Tried It”: Building a Culture of Healthy Eating in Childcare Settings

Virginia Stage - Associate Professor of Nutrition Science at East Carolina University
“You can’t leave the table until you finish all of your vegetables.” We all know pressuring children to eat fruits and vegetables doesn’t work, but what does? This presentation will discuss the daily feeding challenges teachers and families face and best practice strategies and community resources that can be used in classroom and home settings to improve children’s nutrition.

B. What’s A Pyramid Got To Do With Healthy Social Behaviors?

Smokie Brawley - Statewide Project Manager, Healthy Social Behaviors Project
Social-emotional development is the foundation of all future learning, negates a child’s need for challenging behaviors, and is best addressed at a young age. Come review the aspects of social-emotional development, delve into the Pyramid Model framework, learn about NC’s Healthy Social Behaviors Project, and explore multiple resources available to support social emotional development.

C. A day in the life of a Childcare Provider, post COVID

Shanda Sumpter - Childcare Center Owner & Early Childhood Education Project Director
The pandemic has exacerbated the childcare crisis. In this session we will talk about trends in childcare since COVID, challenges in the Childcare Industry post COVID, and what we all can do to advocate. How can you advocate, where do you fit in, and what can you do to help promote/advocate for change?

Wrap up, Evaluation & Safe Travels!

Thank you to our
Conference Planning Committee
members for their hard work!

Lindsey Pertet
Stephen Gunn
Meagan Cagle
Cassie Rogers
Kristy Coulter
Stacy Rosser

Terry Quinn
Sharleen Laporte
Miranda Lanning
Farryn Rhyne
Rachel Lentz



*"Sometimes the best solution is to
rest, relax and recharge. It's hard to
be your best on empty"*

- Sam Glenn

The Annual NC Care Health Consultant Conference is sponsored by:

NC Child Care Health Consultant Association
NC Child Care Health and Safety Resource Center



NORTH CAROLINA
Child Care Health and
Safety Resource Center

800-367-2229
healthychildcare.unc.edu