

# Child Care Health Consultants make a difference



Child Care Health Consultants (CCHCs) work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe and healthy child care environments.



**Stacy Rosser, MPH, CCHC-C/E**  
*Covering Bladen, Brunswick, Columbus, Duplin, Onslow, and Sampson Counties*

## Child care health consultation has shown to positively impact:

- + health and safety policies and practices in child care programs
- + indicators of health and access to preventive health care for children and staff
- + the development and use of standards based health and safety policies in early childhood education programs

## North Carolina Child Care Health and Safety Resource Center

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.



### Training and Professional Development

*CCHCs provide health and safety trainings that not only meet state requirements, but also improve health and safety practices in ECE programs.*



### Technical Assistance

*Early educators can contact a local CCHC for technical assistance on any of the topic areas listed at <https://healthychildcare.unc.edu/for-early-educators/>.*



### Materials and Resources

*The Resource Center develops posters designed to improve health and safety practices in ECE programs. CCHCs can provide guidance for accessing and using posters and other materials.*

Contact Now



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Healthychildcare.unc.edu



## Training and Professional Development

CCHCs offer trainings such as:

- Infant Toddler Safe Sleep and SIDS Reduction in Child Care (ITS-SIDS)
- Emergency Preparedness and Response in Child Care
- Medication Administration
- CCDF Health and Safety Trainings
- Stay Healthy, Stay Clean
- Accessible and Inclusive Environments
- Introduction to Caring for Children with Special Health Care Needs
- Allergies, Anaphylaxis, and Emergency Treatment in Child Care
- Diabetes in Child Care
- Seizure in Child Care and Emergency Treatment
- Enteral Feedings
- Trainings Developed by Partner Agencies



## Technical Assistance (TA)

CCHCs offer TA on topics such as:

- Illness and Infectious Diseases
- Children with Special Health Care Needs
- Medication Administration
- Safety and Injury Prevention
- Emergency Preparedness, Response, and Recovery
- Infant and Child Social and Emotional Wellbeing
- Child Abuse and Neglect
- Nutrition and Physical Activity
- Oral Health
- Environmental Health
- Staff Health and Wellness



**NORTH CAROLINA**  
**Child Care Health and**  
**Safety Resource Center**

800-367-2229  
[healthychildcare.unc.edu](http://healthychildcare.unc.edu)

*Your CCHC can assist you in determining your program's specific training and TA needs.*

● Contact Now



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