



Child Care Health Consultants make a difference

Child Care Health Consultants (CCHCs) work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe and healthy child care environments.

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Regional Child Care Health Consultant Manager
Central Region, serving Caswell, Davidson, Davie, Rockingham, Stokes, Surry

Child care health consultation has been shown to positively impact:

- ★ health and safety policies and practices in child care programs
- ★ indicators of health and access to preventive health care for children and staff
- ★ the development and use of standards-based health and safety policies in early childhood education programs

About Alicia

Alicia is a public health nurse with an extensive background as an early childhood education (ECE) professional. Prior to the onset of her nursing career, she worked at a facility that offered exceptional educational programs for children from 6 weeks to 6 years. While in nursing school, Alicia gained appreciation for the preventive principles behind public health nursing. She received her Bachelor of Science in Nursing from UNC, Greensboro and carries the NC Child Care Health Consultant Certification/Endorsement (CCHC-C/E) as recognized by the NC Child Care Health Consultant Association (CCHCA), the NC Institute for Child Development Professionals, and the NC Child Care Health and Safety Resource Center.

North Carolina Child Care Health and Safety Resource Center

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.



NORTH CAROLINA
Child Care Health and
Safety Resource Center

800-367-2229
healthychildcare.unc.edu

Contact Now

919-964-0125



Scan the QR code to send
me an email:



healthychildcare.unc.edu



Child Care Health Consultants (CCHCs)

make a difference through training, professional development, and technical assistance



Training and Professional Development

CCHCs provide health and safety trainings that meet state requirements and improve health and safety practices in ECE programs.



Technical Assistance (TA)

Early educators can contact a local CCHC for technical assistance on any of the topic areas listed at: healthychildcare.unc.edu/for-early-educators



Materials and Resources

The NC Resource Center develops posters designed to improve health and safety practices in ECE programs. CCHCs provide guidance for accessing and using posters and other materials.

CCHCs offer trainings such as:

- Infant Toddler Safe Sleep and SIDS Reduction in Child Care (ITS-SIDS)
- Emergency Preparedness, Response, and Recovery (EPR)
- Medication Administration
- CCDF Health and Safety Trainings
- Stay Healthy, Stay Clean
- Accessible and Inclusive Environments
- Introduction to Caring for Children with Special Health Care Needs
- Allergies, Anaphylaxis, and Emergency Treatment
- Diabetes in Child Care
- Seizure in Child Care
- Enteral Feedings
- Trainings Developed by Partner Agencies

CCHCs offer TA on topics such as:

- Illness and Infectious Diseases
- Children with Special Health Care Needs
- Medication Administration
- Safety and Injury Prevention
- Emergency Preparedness, Response, and Recovery (EPR)
- Infant and Child Social and Emotional Wellbeing
- Child Abuse and Neglect
- Nutrition and Physical Activity
- Oral Health
- Environmental Health
- Staff Health and Wellness

Your CCHC can help you determine your program's specific training and TA needs.

Contact Now



919-964-0125



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