

# Your Child Care Health Consultant is here to help!



Child Care Health Consultants (CCHCs) work with early care and education facilities to improve the health and safety of their programs.



## Get in touch with me for:

- Technical Assistance
- Materials and Resources
- Training and Professional Development
- Support with Policies and Procedures
- Health and Safety Assessments
- Connections to Community Resources

## CCHC's offer support on these health and safety topics and more:



Illness and Infectious Diseases



Environmental Health



Children with Special Health Care Needs

Medication Administration

Emergency Preparedness, Response, Recovery

Physical Activity, Nutrition, and Breastfeeding

## Ellie Morris, MPH, CCHC

### *Regional CCHC*

- Durham County
- Johnston County

*Angier, Benson, Clayton,  
Garner, Willow Springs*



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**North Carolina Child Care  
Health and Safety Resource Center**



<https://healthychildcare.unc.edu/>

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.

# Frequently Asked Questions (FAQ's)



**When a child or teacher in my program is sick, how long should they stay home to keep everyone safe?**

Every disease is different depending on how it spreads and how easily it spreads. We have a quick and easy, searchable guide to help you figure out next steps for common childhood diseases: <https://healthychildcare.unc.edu/resources/communicable-disease-resources/exclusion/>

A CCHC can help you develop a policy and assess and improve practices.



For COVID-19 guidance, go to:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

## Community Resources

**Healthcare Providers** and the county **Health Department** can:

- give vaccinations
- diagnose, provide medications and care

### **Call the health department with cases of reportable diseases.**

- Find out which diseases are reportable here: <https://go.unc.edu/s5CJg>.
- Report cases to the Communicable Disease Nurse at the Health Department and let your Licensing Consultant know.



**I have an ITERS/ECERS coming up...Can you help?**

Yes! A CCHC can help you assess practices and environments related health and safety. ITERS/ECERS subscales on which a CCHC can provide support include: meals/snacks, nap/rest, toileting/diapering, health practices, safety practices, active play/gross motor equipment/play, and supervision of gross motor activities.



**Can you help my program accommodate a child with special healthcare needs?**

Yes! A CCHC can help support you with serving children with medical, medication, communication, and physical access needs. A nurse from the child's healthcare provider or the health department may also be able to help. Together with the child's family, we can work to meet their needs and help the child thrive.

**Have questions? Looking for health or safety TA or training? Contact Ellie!**



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**NORTH CAROLINA  
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