

# Child Care Health Consultants make a difference

Child Care Health Consultants (CCHCs) work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe and healthy child care environments.

## Rachel Lentz, MPH, CCHC

Regional Child Care Health Consultant  
Alexander, Alleghany, Ashe, Burke,  
Cleveland, Iredell and  
Watauga Counties



## North Carolina Child Care Health and Safety Resource Center

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.

## Contact me for Health and Safety:

- Technical Assistance
- Materials and Resources
- Training and Professional Development
- Support with Policies and Procedures
- Classroom Based Assessments
- Community Resource Connections



Equipping leaders to excel in early education programs creates a solid foundation for lifelong learning and overall well-being.

**THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL**

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# Frequently Asked Questions

**When a child in my program is sick, how long should they stay out of care to keep everyone safe?**

Every condition is different, depending on how it spreads and how easily it spreads. There is a quick and easy searchable guide to assist you with next steps for common childhood diseases:

<https://healthychildcare.unc.edu/resources/communicable-disease-resources/exclusion/>



For additional guidance on COVID-19, go to

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

**Are you part of DCDEE?**

No. We are not affiliated with regulatory services. Our assessments are conducted independently.

**How much do you charge for trainings and assessments?**

Nothing. CCHC services are free for all childcare providers.

Area	CCHC Support	Other Community Support
Communicable Diseases	<ul style="list-style-type: none"><li>• TA, guidance, training on how to reduce the spread of diseases</li><li>• Guidance on exclusions</li><li>• Support in developing a communicable disease policy</li></ul>	Health Department <ul style="list-style-type: none"><li>• vaccinations</li><li>• reportable diseases</li><li>• diagnosis &amp; care</li></ul> Healthcare providers: <ul style="list-style-type: none"><li>• vaccinations</li><li>• diagnosis &amp; care</li></ul>
Children with special healthcare needs	<ul style="list-style-type: none"><li>• TA, training for inclusion (e.g. seizures, asthma)</li></ul>	<ul style="list-style-type: none"><li>• CDSA</li></ul>
Safety and Injury Prevention	<ul style="list-style-type: none"><li>• Provide TA, guidance, training on health and safety topics</li></ul>	<ul style="list-style-type: none"><li>• Partnership for Children</li></ul>
Medication Administration	<ul style="list-style-type: none"><li>• Provide TA and training Medications in Childcare</li></ul>	<ul style="list-style-type: none"><li>• Healthcare Providers</li><li>• Health Department</li></ul>

"The greatness of a community is most accurately measured by the compassionate actions of its members." – Coretta Scott King

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