

# Child Care Health Consultants make a difference



Child Care Health Consultants (CCHCs) work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe and healthy child care environments.



## Child care health consultation has shown to positively impact:

- + health and safety policies and practices in child care programs
- + indicators of health and access to preventive health care for children and staff
- + the development and use of standards based health and safety policies in early childhood education programs

**LaKeasha Glaspie, CCHC-C/E**  
*Brunswick, Carteret, Craven, Duplin, Jones, Onslow, Pamlico, & Pender*

## North Carolina Child Care Health and Safety Resource Center

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.



### Training and Professional Development

*CCHCs provide health and safety trainings that not only meet state requirements, but also improve health and safety practices in ECE programs.*



### Technical Assistance

*Early educators can contact a local CCHC for technical assistance (TA) on any of the topic areas listed at <https://healthychildcare.unc.edu/for-early-educators/>.*



### Materials and Resources

*The Resource Center develops posters designed to improve health and safety practices in ECE programs. CCHCs can provide guidance for accessing and using posters and other materials.*

Contact Now



910-408-2051



lglaspie@unc.edu



healthychildcare.unc.edu



## When a child in my program is sick, how long should they stay out of care to keep everyone safe?

Every disease is different depending on how it spreads and how easily it spreads. We have a quick and easy, searchable guide to help you figure out next steps for common childhood diseases:

<https://healthychildcare.unc.edu/resources/communicable-disease-resources/exclusion/>



## Which diseases am I supposed to report to the health department?

When a child has chickenpox, whooping cough, or another reportable disease, you should let the communicable disease nurse at the health department know. This helps them see how diseases are spreading and take action to keep people safe.

Your licensing consultant may also want to know if you have a case of a reportable disease, but it's best not to share the child's name. The full list of reportable diseases can be found at:

<https://healthychildcare.unc.edu/resources/communicable-disease-resources/reportable-diseases/>



## I have an ITERS/ECERS coming up...Can you help?

Your primary TA will be your go-to, but your CCHC can support you with TA and training on meals, diapering, health practices, safety practices and other health-related indicators.

**Get in touch with your CCHC, LaKeasha Glaspie:**



[lglaspie@unc.edu](mailto:lglaspie@unc.edu)



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## Can you help my program with infant feeding, including breastfeeding friendly child care designation?

Contact your CCHC for TA or training about how to support breastfeeding families in your program. Your CCHC can help you apply for the [NC Breastfeeding-Friendly Child Care Designation Program | NCDHHS](#). Visit our website for more information on [Serving Bottles to Infants | \(unc.edu\)](#)



## Can you help my program accommodate a child with special healthcare needs?

Depending on the need, there may be a few resources in the community. A nurse from the child's healthcare provider or the health department may be able to help. Your CCHC may also be able to provide TA and training on accommodating children with seizures, a feeding tube, or other needs.



## Some new early educators at my facility are having trouble with proper handwashing and diapering. Do you have any resources that can help?

We have posters, TA, and training available! Contact your CCHC for TA or training, or go to our website to order handwashing and diapering posters: <https://healthychildcare.unc.edu/resources/posters/>



**NORTH CAROLINA  
Child Care Health and  
Safety Resource Center**

800-367-2229  
[healthychildcare.unc.edu](http://healthychildcare.unc.edu)