



# Child Care Health Consultants make a difference

Child Care Health Consultants (CCHCs) work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe and healthy child care environments.

**LaKeasha Glaspie, MHS, MCHES<sup>®</sup>, CCHC-C/E**  
**Regional Child Care Health Consultant**  
**Serving East: Brunswick, Carteret, Jones, New Hanover, Onslow, Pender**

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## Child care health consultation has been shown to positively impact:

- ★ health and safety policies and practices in child care programs
  - ★ indicators of health and access to preventive health care for children and staff
  - ★ the development and use of standards-based health and safety policies in early childhood education programs
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### About LaKeasha

LaKeasha has more than 15 years of experience in early care and education, including years focused on breastfeeding, nutrition and physical activity. Before coming to the Resource Center, she worked as an ECE Consultant for a local Smart Start partnership where she provided resource and referral services, technical assistance, consultation and trainings. As a certified Master Gardener, she applies that knowledge to improve the outdoor learning environments in ECE settings. She received a Bachelor of Science in Public Health and Master of Health Sciences. In addition, she carries the Master Certified Health Education Specialist (MCHES<sup>®</sup>) as recognized by the National Commission for Health Education Credentialing and NC Child Care Health Consultant Certification/Endorsement (CCHC-C/E) as recognized by the NC Child Care Health Consultant Association (CCHCA), the NC Institute for Child Development Professionals, and the NC Child Care Health and Safety Resource Center.

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### North Carolina Child Care Health and Safety Resource Center

The NC Resource Center's mission is to promote healthy and safe indoor and outdoor environments in early care and education (ECE) settings through child care health consultation.



**NORTH CAROLINA**  
**Child Care Health and**  
**Safety Resource Center**

800-367-2229  
[healthychildcare.unc.edu](http://healthychildcare.unc.edu)

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### Contact Now

910-408-2051



Scan the QR code to send  
me an email:



[healthychildcare.unc.edu](http://healthychildcare.unc.edu)





# Child Care Health Consultants (CCHCs)

make a difference through training, professional development, and technical assistance



## Training and Professional Development

CCHCs provide health and safety trainings that meet state requirements and improve health and safety practices in ECE programs.



## Technical Assistance (TA)

Early educators can contact a local CCHC for technical assistance on any of the topic areas listed at: [healthychildcare.unc.edu/for-early-educators](https://healthychildcare.unc.edu/for-early-educators)



## Materials and Resources

The NC Resource Center develops posters designed to improve health and safety practices in ECE programs. CCHCs provide guidance for accessing and using posters and other materials.

### CCHCs offer trainings such as:

- Infant Toddler Safe Sleep and SIDS Reduction in Child Care (ITS-SIDS)
- Emergency Preparedness, Response, and Recovery (EPR)
- Medication Administration
- CCDF Health and Safety Trainings
- Stay Healthy, Stay Clean
- Accessible and Inclusive Environments
- Introduction to Caring for Children with Special Health Care Needs
- Allergies, Anaphylaxis, and Emergency Treatment
- Diabetes in Child Care
- Seizure in Child Care
- Enteral Feedings
- Trainings Developed by Partner Agencies

### CCHCs offer TA on topics such as:

- Illness and Infectious Diseases
- Children with Special Health Care Needs
- Medication Administration
- Safety and Injury Prevention
- Emergency Preparedness, Response, and Recovery (EPR)
- Infant and Child Social and Emotional Wellbeing
- Child Abuse and Neglect
- Nutrition and Physical Activity
- Oral Health
- Environmental Health
- Staff Health and Wellness

**Your CCHC can help you determine your program's specific training and TA needs.**

### Contact Now



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[healthychildcare.unc.edu](https://healthychildcare.unc.edu)